

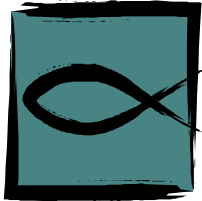


Fish *Emergency Service, Inc.*

neighbor helping neighbor

43 YEARS of SERVICE in the PORTLAND METRO AREA

THE FISH STORY



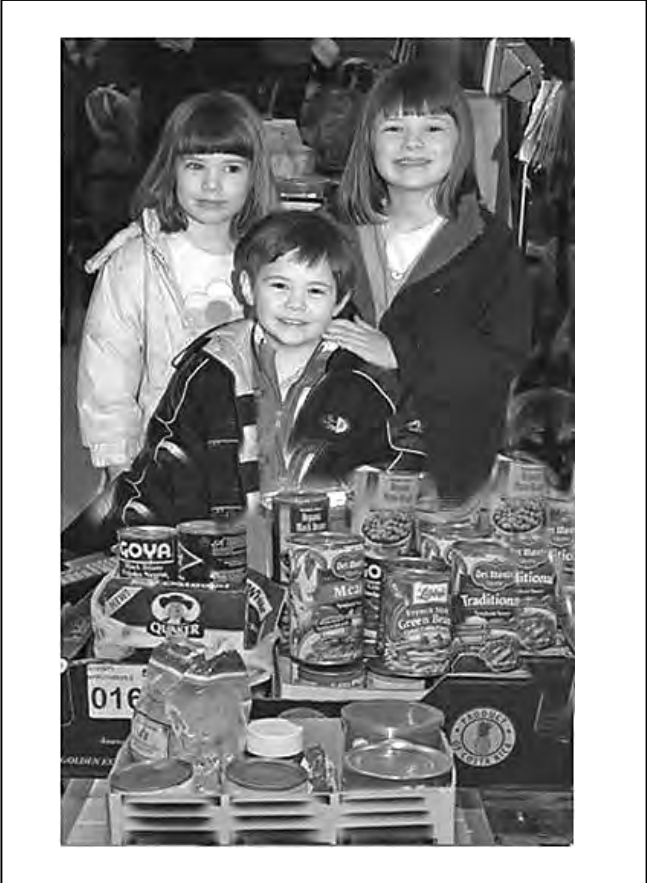
Christianity was an underground movement for the first 300 years. The "Ichthus" (the Classical Greek word for "fish") provided a secret sign by which followers would identify themselves. Upon meeting someone, a Christian would make one arch of the Fish symbol. If the strangers were also Christians, they would complete the sign by adding the remaining arch.

The modern Fish movement began in 1961. A group of untrained lay people at St. Andrew's Church in Oxford, England decided to put the "Love Thy Neighbor" ethic into practice by making themselves available to anyone in a crisis situation. The name now represents Fish's basic philosophy of "Neighbor Helping Neighbor."

Fish is just ordinary people who see a need in their community and want to help out. Some do volunteer work with the families, others organize food drives, community gardeners grow extra food for Fish, student groups often sort donated food, and others provide financial support.

Fish is Love in practice, God working through us to help others. Thanks for being a part of the answer.

Gloria



HOLIDAY HAPPENINGS

Three fresh-faced, smiling, eager kids came to **Fish** to deliver food for our families in need. Madeline, Lydia and Hudson, pictured above, had performed their own Thanksgiving benefit concert to collect food, with a goal of 50 cans of food. The small benefactors exceeded this and donated 59 pounds of goods to Fish.

Thank you!

FOOD NEEDED!

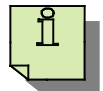
So we don't have to buy expensive cases of fruit and canned vegetables, please donate needed goods:

- Canned vegetables, canned fruit
- Canned tuna and meat
- Boxed meals like mac & cheese
- Pastas, tomato sauce, soups



Want a Power Point presentation for your organization? Fish will do one.

www.fishemergencyservice.org



HOLIDAY HAPPENINGS

Sunshine Division Christmas Boxes

Christmas week, **Fish** gave out about 200 food boxes, in coordination with the Portland Police Bureau's Sunshine Division. There was a line part way around the block as families gathered for their share. Thanks to donations, each box included a large chicken, fruits and vegetables, stuffing, sack of potatoes, onions, cranberry sauce and more.



Christmas Food Box

LETTER FROM A NEIGHBOR



To my friends at Fish,
How can words express
the pleasure your
donation has given me?
EGG NOG!

A NEW MEASURING CUP! Since I do all my cooking from scratch, I never have enough measuring cups. The CHICKEN is waiting to be smothered with black eyed peas and rice!

"I get by with a little help
from my friends."

—John Lennon

THANKS TO DONORS, Nov. 2009 - February, 2010

COMMUNITIES OF FAITH

Bethlehem Lutheran Women Calvary Presbyterian First Christian
Colonial Hts. Presbyterian First Congregational– UCC
Grace Baptist Mission Fnd. First Unt. Methodist Grace Presbyterian
Holy Cross Lutheran, Women Kenilworth Presbyterian
Lake Oswego Unt. Methodist Lincoln St. Unt. Methodist
Lynchwood Church of God Montavilla Unt. Methodist
Moreland Presbyterian Mt. Scott Presbyterian
Oregon Buddhist Women Oregon-Idaho Annual Conference
Portland Mennonite St. Andrew's Presbyterian St. James Lutheran
Presbyterian Church of Laurelhurst, Clippers, Women
St. David of Wales Episcopal Church
St. Paul Lutheran Church of Sherwood Rose City Park Presbyterian
Sunnyside-Centenary Unt. Methodist United House of Prayer
St. Michael's Episcopal Quilters, Women's Guild
Trinity Unt. Methodist Vermont Hills Unt. Methodist, Women
Waverley Heights UCC Westminster Presbyterian
Wilshire United Methodist, Women

BUSINESSES

Artisan Dental Laboratory American Plaza Antique Warehouse
Columbia Sportswear Eastside Deli CMC Advisors Fred Meyer
Gann Bros. Printing Gold Dust Meridian Restaurant MBI Motors
Here We Go Again Impact Northwest Garvey Schubert Barer
The Standard John H. Hudson Properties Hawthorne Auto Clinic
PGE Oregon Energy Services The ODS Companies
Law Office of Jonah H. Paisner Oregon Zoo YMCA
Jay M. Schornstein, Attorney New Seasons Markets OTA Tofu
Oregon Pediatrics Pendleton Woolen Mills Safeway
Iorio Restaurant Optimist Club of Central Portland Soup Cycle
Oregon Federal Exec. Board Sinfonia Concertante Orchestra
Uncle Paul's Produce Market Vigor Industrial

OTHER ORGANIZATIONS

Birch Community Services Clackamas High School
Brentwood, Buckman, Lents Park Teen, SewallCrest and Col.
Summer's Community Gardens Chapters BK and E, PEO
Daughters of the British Empire Eagles Lodge Early Emmys
Gleaners of Clackamas Co. Happy Hearts Kiwanis Intl.
Intercultural Group of Central Washington Mazamas
Multnomah Co. Animal Control St. Vincent DePaul
NE Portland Emergency Food Program Portland Fruit Tree Proj.
SW Portland Fuchsia Club Treasure House of Rose Villa

FOUNDATIONS, ESTATES

Bank of America Foundation Fred Meyer Fund
Oregon Community Foundation – Life Center Fund
Joseph E. Weston Public Foundation
Samuel T. & Mary K. Naito Foundation
Thelma L. Golding Foundation
Rosebraugh Charitable Trust
Michael R. Sabo Estate

In Memory October – February, 2010

Friends and family have made contributions to **Fish** in the names of the following people, both to honor them and to help others. We celebrate their lives.

Wilbur Scott and Sue Shackelford by Carolyn Call

Pauline Bain by Ruth & John Ball

Janet Gasser by Donald & Gloria Kennedy

Gordon Trapp by David & Patsy Rullman

DuBay & Laminger Families by Barbara DuBay

Audrey Kocarnik by Robert Kocarnik

Simion & Maria Boboia by Persida & George Drulea

Hugh Stewart Tremaine by W. D. Hagenstein

Darnell Hart by Claudette Summerville

Harlo Allen by Gerda Allen

George Murphy by Fay Murphy

Joethan Murray by Robert & Sharon Borgford

Betty Gauthier by LeAnn Gauthier

Virginia King by Olivia Lee Smith & Alan Nettleton

E. Jay Greger by James Sjulín & Gay Greger

Paul Kneeland by Loric Detemple, Robert & Sara Jo Jensen and Renate & Werner Bittner

William Hittner by Jean Poole Hittner

Sara Molay by Clarabelle Zinter

Russ Bolick by Darlene Bolick

Zilpha Allison by Richard Pabst

Howard Petersen, Tor Lyshaug and Flo Bleyhl
by Barbara Wagner

Inez Buren by Nancy Gerhardt

FISH IS ABOUT MORE THAN FOOD

Bobby, a **Fish** volunteer, remembers Sue, a single woman in her 40s who came in for food. Bobby learned that Sue was trying hard to get a job but had a major strike against her. Sue wore a head scarf to hide the effects of chemotherapy for her cancer. "Sue really needed a friend to talk to," said Bobby. "I spent some time with her, listening to her, telling her of the backing **Fish** can give and explaining other resources available in the community. Being with Sue reminded me that **Fish** is not just about food but also about giving all kinds of support."

Before she left, Sue thanked Bobby over and over for her help. "If her talk with me made her day, so much the better," said Bobby. "But I wanted to help her all I could, considering her circumstances. I wished her well. She is a courageous woman, and her predicament really struck me."

IT IS HARD TO ASK FOR FOOD

About one in three who comes to **Fish** has never been here to ask for help before, and many are embarrassed about it. With unemployment in Oregon at 9%, there is real need. Volunteers will often tell a new person, "There isn't anyone who gets through life without help from someone. It is okay to ask for help."

A volunteer found herself talking to a young man, Richard, who had recently lost his job and was ill-at-ease at having to ask for help. She learned that he had two small children at home. Anna got him some food, clothing, blankets and help with the utility bill. Richard thanked her and asked if he could come back to volunteer the next week.



"And now here is my secret, a very simple secret: It is only with the heart that one can see rightly, what is essential is invisible to the eye."
—Antoine de Saint-Exupery in "The Little Prince"



De La Salle High School student workers

IN HONOR

October – Feb., 2010

Friends and family have made contributions to **Fish** in the names of the following people, both to honor them and to help others. We celebrate their lives.

Clarabel Scott by Carolyn Call

Ken Otto by Stephen Kolmes & Linda F. Kolmes

Marge Jensen by Ila Winslow

Betty's Birthday by Ella Leszar

Jim Houser & Liz Dally by Hawthorne Auto Clinic

Edda Brown by Rev. Charles T. Brown

Jeff Hanna by Jeffrey & Deborah Hanna

David & Anita Jensen and Roger & Lee Jensen

by Marge Jensen

Rudy's Birthday by Ella Leszar

Pat & Joanna Ehlers Family by Barbara Wagner



FISH EMERGENCY SERVICE, INC.
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Address Service Requested

FISH EMERGENCY SERVICE, INC.

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Administrative Assistant: Nita Robertson

Newsletter: Nancy Gerhardt, Amy Houchen

Photos: Jim Arnold, Nancy Gerhardt

www.fishemergencyservice.org

Phone: (503) 233-5533

Fish is a 501 (C) (3) non-profit organization. Donations to **Fish** are tax- deductible. Services are provided on an equal opportunity basis. No person is excluded from receiving assistance based on race, color, national origin, religion, age, disability, political beliefs, gender, sexual orientation, marital or family status.

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